



INSTRUCTIONS FOR CARE AND WEAR OF YOUR PENDULUM APPLIANCE:

Purpose: The pendulum is designed to create room in the upper jaw and move the molars into their proper position.

Function: It is recommended that you turn your appliance the number of turns per day / week that was discussed at your appointment. If you can't recall, please call our office and we will let you know what was discussed.

Cleaning: Cleaning the pendulum is done by brushing all the wires and bands with your regular toothbrush and toothpaste.

Appointments: The pendulum will stay in place for the majority of your estimated treatment time. The length of time may also vary depending on your progress.

As always, if you have questions or problems, please call our office as soon as possible.

Dr. Gary Cartwright and Staff